



Managing Your Fertility Naturally

Choosing to achieve or avoid



pregnancy

Are you a Canadian that has charted 6 cycles using the Symptothermal Method and recognize its importance in your life?

We need your help!

Do you:

- ✓ Appreciate the value of fertility?
- ✓ Feel that planned abstinence can enhance a couple's relationship?
- ✓ Appreciate working with your spouse?
- ✓ Like team work?
- ✓ Want to help other couples by sharing what you know?

Benefits of becoming a teacher-couple include:

- ✓ The satisfaction of offering a valuable resource
- ✓ Making a difference in the lives of other couples
- ✓ The opportunity to grow as a couple
- ✓ A chance to develop friendships

Training Program Overview

Serena offers you:

- > Quality training
- > Ongoing volunteer development
- > A chance to learn even more about the method
- > The opportunity to meet people who share the same values.

Ready to become a teacher-couple? <https://serena.ca/teach/>