



St. Vincent de Paul Food Drive

Suggested items for donation

1. Soups – tomato, vegetable, chicken noodle
2. School lunch items such as single serving fruit, puddings and granola bars
3. Juices – single and/or liters
4. Pasta other than spaghetti
5. Skim milk powder
6. Single serving oatmeal
7. Sugar – white or brown
8. Breakfast cereals – club pack for breakfast and smaller sizes for family food hampers
9. Tea
10. Tinned vegetables – peas, green and yellow beans
11. Tinned tomatoes
12. Bathroom tissue
13. Meal extenders such as hamburger helper, sidekicks, etc.
14. Meals in a can – stews, ravioli, pork and beans, etc.
15. Macaroni and cheese
16. Tins of tuna, canned meats.

Help us cut back on waste! Bring your donations in a reusable bag.