

IMMACULATE CONCEPTION PARISH

Diocese of Prince George

3285 Cathedral Avenue - Prince George, BC V2N 6R4

TELEPHONE: 250-964-4898

WEBSITE: www.icparish.ca

February 22, 2026 -1st Sunday of Lent



OUR PARISH MISSION STATEMENT

We are a Catholic community nourished through
the Word and the Sacraments.

Striving to follow Christ,
we reach out and welcome all,
witnessing through loving actions
in service, education, and celebration.

OFFICE HOURS:	Monday to Friday	8:30AM – 2:00PM
MASS TIMES:	Daily	Monday – Friday 9:00AM
	Sunday	9:00AM, 11:00AM & 7:00PM
SACRAMENTS:	Baptism	Email: mprimus@pgdiocese.bc.ca
	Reconciliation	Before Mass, or by appointment
	Marriage	Contact Parish Office at least six months in advance

BISHOP -DIOCESE OF PRINCE GEORGE

Most Rev. Stephen Jensen

Email: sjensen@pgdiocese.bc.ca

PASTOR -IMMACULATE CONCEPTION PARISH

Rev. John Garden

Email: jgarden@pgdiocese.bc.ca

PASTORAL ASSISTANT

Mrs. Martha Primus

Email: mprimus@pgdiocese.bc.ca

ADMINISTRATIVE ASSISTANT

Mrs. Veniza Menezes

Email: icparish@pgdiocese.bc.ca

BOOKKEEPER

Mrs. Zealline Sadiwa

Email: icparish@pgdiocese.bc.ca

PRINCIPAL -IMMACULATE CONCEPTION SCHOOL

Mrs. Kathleen Barth

Email: icsoffice@cispg.ca

PASTORAL MINISTRIES CONTACTS

FINANCE COUNCIL CHAIR:	Jennifer Wilczek	HOME/HOSPITAL VISITS:	Contact Parish Office
PARISH COUNCIL CHAIR:	Fr. John Garden	CHILDREN'S MINISTRY:	Eunice Joyce
HOSPITALITY/COFFEE SUNDAY	Maureen Olson	CHURCH ENVIRONMENT:	Martha & Team
COORDINATORS:	Sr. Michaela Marques		
KNIGHTS OF COLUMBUS #8318	Eugenio Calisto	SOCIAL ACTION &	Sr. Michaela
GRAND KNIGHT:	(250)-640-4533	SOUP KITCHEN:	
K of C Meetings	2 nd Thursday of the month	VOCATIONS:	Fr. Ken Anderson

"Jesus fasted forty days, and was put to the test"

Mathew 4.1-11



Mass intentions may be requested for various reasons (eg. a deceased loved one, someone who is ill, a birthday or anniversary, etc.) A Mass offering may be given for the intention but is not required. If you have a Mass intention, please call the parish office by Wednesday of each week so that the intention can be published in the bulletin.

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DAY	DATE	TIME	INTENTION
Sun	Feb 22	9AM	RIP of John Peterson
		11AM	For the People of IC
		7PM	
Mon	Feb 23	9AM	RIP of Elmer & Marie Beliveau
Tues	Feb 24	9AM	RIP of Ernie & Elsie Beliveau
Wed	Feb 25	9AM	RIP of Maria & Branko Federucci
Thu	Feb 26	9AM	For the Intentions of Stanley Menezes
Fri	Feb 27	9AM	RIP of Patricia O'Neill

Mark Your CALENDAR

- Rite of Election – Today February 22, 2025 2:00PM at Sacred Heart Cathedral
- Children’s Liturgy of the Word today, Sun. Feb 22, 2026, at 11:00AM Mass and every Sunday until the end of June.
- RCIA–Thu., Feb. 26, 2026
- Stations of the Cross – Every Friday at 7PM during the season of Lent.
- Monthly Adoration at Domano Chapel Wed., Mar 11, 2026, 8:00AM to 6:00PM. Please note the change of Location. Will be held in Vianney House next door to the Chapel.
- K of C Monthly Meeting – Thu., Mar. 12, 2026 @ 7:00PM. Parish Hall
- K of C Pancake Breakfast, Sun., Mar 15, 2026 after the 9:00AM and 11:00AM Mass.
- **DYC May 15 – 17, 2026, Registration is now open** <https://www.pgdiocese.bc.ca/diocesan-youth-conference/to-register> or see Wednesday Weekly



Why do Christians observe 40 days?

Lent (Latin: **Quadragesima**, 'Fortieth') is an observance in the liturgical calendar in which we commemorate the 40 days Jesus spent fasting in the desert in which he endured temptation by Satan before beginning his public ministry.

There are actually 46 days in between Ash Wednesday and Holy Saturday, but Sundays during Lent are not considered to be part of the prescribed days.

What can I do for Lent – pick one or two or a few.

1. Only buy what you NEED.
2. Donate or give away 40 things for 40 days.
3. Declutter your heart and your house.
4. Speak kindly of people.
5. Take care of your body – exercise and eat healthy.
6. Make what you eat for supper/dinner be the last food you consume for the day.
7. Give up a favourite beverage or a favourite snack.
8. Say three nice things to those who you work/live with.
9. Replace 30 minutes of TV/screen time with prayer
10. Cook all your meals—avoid eating out.

Check out some of these links:



- [“What is Lent?”](#)
- [Lent in 3 minutes](#)
- [How to live this Lent for others](#)
- [Lent | Catholic Central – great for young people and teens.](#)
- CCCB Lenten videos <http://www.cccb.ca/lent>

Lent gives us an opportunity to enter into a penitential time of prayer, fasting and almsgiving. – Check out this links on our website – **Bulletin** tab on our Home page.

Mark your calendar



Chrim Mass
March 26, 2026 7:00PM at Sacred Heart Cathedral

2026 Pastoral Appointments

Bishop Stephen Jensen has announced Pastoral appointments effective August 1, 2026. Please see the bulletin board in the foyer or Wednesday Weekly for details.

IC=

**Immaculate Conception
 Incredible Community**

Share Lent



Building a world of justice

Lent is a time of **fasting, prayer and sharing**. For Development and Peace — Caritas Canada, it is an opportunity to **call on your generosity** in solidarity with our sisters and brothers in the Global South.

Your contributions create a bridge of solidarity between our mobilization in the Global North and our partners' transformative work in the Global South.

This Lent, join us ***On Track for Justice***, walking hand in hand with communities in the Global South that are mobilizing so that their rights and the environment may be respected.

This Lent, let's move forward ***On Track for Justice*** "The Church, like a mother, accompanies those who are walking."

— Pope Leo XIV (*Dilexi te*, §75)

Development and Peace — Caritas Canada's 2026 Share Lent campaign, ***On Track for Justice***, has been launched! Together, let's walk hand in hand with communities in the Global South who are working for justice, peace and dignity. How?

1. By donating online at devp.org/give or during the Solidarity Sunday collection on March 22, the fifth Sunday of Lent. Your generosity helps support over 59 projects in 34 countries around the world! There are also envelopes in the foyer
2. Please see table for resources and journey through Lent in Solidarity with our global friends.

NET Team Homestay

IC school is looking for parishioners who are willing to be homestay families for our NET team that will be coming to Prince George March 4-8, 2026. We need one homestay family for males, and one for females. If you can assist, please let the school office know. Thank you for your consideration.

**Diocesan Wednesday Weekly
for February 18, 2026**

Rachels's Vineyard-Serving the North

THE NEW WEBSITE IS NOW IN OPERATION
SPRING WEEKEND RETREAT FOR 2026: May 22 – 24 registrations now being accepted. For Further information on this Healing Ministry please refer to our website.

Confidentiality Assured.

THANK YOU TO ALL THOSE IN OUR DIOCESE WHO HAVE SUPPORTED OUR WORK IN 2025

Diocesan Annual Appeal



Thank you, thank you for your contributions to the Appeal! We have reached and exceeded our Diocesan goal. There is still room to meet our total goal. If you can, you can still make donations with the use of e-Transfer appeal@pgdiocese.bc.ca or Canada Helps at

<https://www.canadahelps.org/en/dn/12061> If you'd like to make other arrangements, please email appeal@pgdiocese.bc.ca for assistance.

Please continue to pray for the many needs we have throughout the diocese.

Our Diocesan Goal:	\$30,397
Parish Goal:	\$ 5,600
Combined:	\$35,997

TOTAL PLEDGED AS OF FEBRUARY 4, 2026:
\$34,120 or 112.2% of Diocesan Goal or 94.79% of total Goal

DYC 2026

Diocesan Youth Conference



TOTUS TUUS

MAY 15 - 17

Sacred Heart Cathedral
Prince George

For Grades 7 - 12

Early Bird Fee: \$75
Regular: \$100
Early Bird Ends March 16



Scan for Registration!

Special Guests
Grace and Donny McGeragle
The Benedictines of Westminster Abbey
Music Ministry: CFC Youth

Register at: <https://www.pgdiocese.bc.ca/diocesan-youth-conference/>

For more info email dyc@pgdiocese.ca



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& look forward to serving you again!

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LOCATIONS

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Monday to Friday 8:30AM to 5:00PM
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(250) 562 5309

100 Tabor Blvd in **Tabor Plaza**
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Saturday 10:00AM to 4:00PM
Closed Sunday
(250) 562 3784



William Hellyer, B. Comm., CFP, CIM

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